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# Patron Capital Greatness Lectures examine the issue of Post-Traumatic Stress Disorder

Patron Capital, the pan-European institutional investor focused on property-backed investments, last night welcomed three guest speakers for the latest of its Greatness Lectures, which celebrate inspirational individuals and achievements.

Entitled 'The Silent Battle', the evening brought together Matthew Green, author of 'Aftershock: The Untold Story of Surviving Peace', Jamie Sanderson, a former Royal Marine Sniper and co-founder of Rock 2 Recovery - an organisation helping those with PTSD - and Jason Fox, a Royal Marine Commando and Special Forces Sergeant known for his role in the Channel Four series 'SAS: Who Dares Wins' and co-founder of Rock 2 Recovery.

Matthew, Jamie and Jason talked about the psychological impact of combat, their own experiences of PTSD - whether researched or experienced first hand - and the difficulty of treating the condition, particularly with limited resources available through the MOD and NHS. Jamie and Jason spoke very personally about how sustained military combat affected them and the difficulty of approaching mental illness in a tough environment, as well as their decision to set up Rock 2 Recovery to help others struggling with the after-effects of active service through mutual support and creative and outdoor pursuits.

## Keith Breslauer, Managing Director of Patron Capital, said:

"Our Greatness Lectures celebrate inspirational individuals. Those who have been through active service and are still suffering the mental scars deserve our support and recognition. Jamie and Jason are truly inspirational in not only getting through PTSD themselves but going on to set up an organisation that is continuing to help the many people it affects. Together with Matthew, whose book sheds significant light on a little-talked-about subject, Jamie and Jason are succeeding in raising awareness of an often debilitating condition."

The Patron Greatness Lectures are a series of talks from inspirational individuals. They are not part of a fundraising exercise; instead, they are intended to motivate, educate, inspire and enrich for the Patron team, its friends and partners.

Each evening consists of an early evening talk followed by a Q&A session and an opportunity for informal conversation over drinks and light refreshments. For more information about The Greatness Lectures, e-mail Denise Goodwin on denise@patroncapital.com.

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#### **Notes to Editors**

### **About Patron Capital Partners**

Patron represents approximately €3.4 billion of capital across several funds and related coinvestments, investing in property, corporate operating entities whose value is primarily supported by property assets and distressed debt and credit related businesses.

Since it was established in 1999, Patron has invested in over 69 investments and programs involving over 65 million square feet (6 million square metres) in 16 countries, with many of these investments realised.

Investors represent a variety of sovereign wealth funds, prominent universities, major institutions, private foundations, and high net worth individuals located throughout North America, Europe, Asia and the Middle East. The main investment adviser to the Funds is Patron Capital Advisers LLP, which is based in London, and Patron has other offices across Europe including Barcelona, Milan and Luxembourg; the group is comprised of 76 people, including a 43-person investment team.

Further information about Patron Capital is available at <a href="https://www.patroncapital.com">www.patroncapital.com</a>.



